



Registration is open at all levels, including:

Tyke Tackle Football (2000, 2001, 2002 birth years)

Mosquito Tackle Football (1998, 1999 birth years)

Peewee Tackle Football (1996, 1997 birth years)

Bantam Tackle Football (1994, 1995 birth years)

Midget Tackle Football (1991, 1992, 1993 birth years)

Flag Football (Ages 6-12)

Girls Touch Football (Ages 12 - 17)

Cheerleading (All ages!)

Please print both the Bengals and NCAFA forms (available for download at the bottom of the registration page) fill them out, and mail them to:

Jenny Muzik, Registrar

Bengals Football

2900 Mer Bleue Road

Ottawa, Ontario

K4B 1H9

Should you have questions about any of the programs, please direct them to:

Dennis Prouse

Vice President, Administration, Bengals Football

dprouse@rogers.com or 613-590-1137